

Sarodgini Private Elementary School Illness Policy

We care deeply about the health and safety of all our students and staff. Please help us keep everyone healthy by following these simple illness guidelines.

When to Keep Your Child Home:

- **Fever of 100.4°F (38°C) or higher** — child must be fever-free for at least 24 hours without fever-reducing medicine.
- **Cough, cold, or flu symptoms** — if your child has a heavy cough, chills, or fatigue, please keep them home. A clear runny nose from allergies is okay, but if it's yellow, green, or cloudy, it's likely an infection.
- **Diarrhea or vomiting** — keep your child home until at least 24 hours after the last episode.
- **Bloody stool or mucus in stool** — may be a sign of infection; please contact your doctor.
- **Rash** — if contagious, bring a doctor's note before returning.
- **Chickenpox** — may return only after all sores have dried and crusted over.
- **Pink eye (conjunctivitis)** — stay home until eyes are clear; bring a note if due to allergies.
- **Strep throat** — stay home for at least 48 hours after starting antibiotics and until fever-free for 24 hours.
- **Hand, foot, and mouth disease** — stay home until blisters are dry and doctor confirms non-contagious.
- **Head lice** — return only after at least 48 hours of treatment and no live lice or nits.
- **COVID-19** — rules and recommendations are subject to change. We will follow current health department guidelines and notify families of any updates.

Healthy Habits Help Everyone!

- Wash hands often with soap and water.
- Cover coughs and sneezes with an elbow or tissue.
- Keep tissues and hand sanitizer handy.
- Rest and healthy food help your child recover faster.

If you are called to pick up a sick child, they must stay home the following day and be symptom-free for at least 24 hours without medication.

Thank you for helping us keep Sarodgini Private Elementary School a happy and healthy place for all our students!